**Rising Stars Swimming Gala**

**Sunday 24th March 2019, 5.30pm – 8.00pm, warm up 5.10pm – doors open 5.00pm**

**Venue: Shipley Pool**

The Bradford Swimming Development Group invites your entries for the Rising Stars Gala on Sunday 24th March 2019.

The Gala entry is limited to members of the 5 clubs in the Bradford Swimming Development Group which are Bradford Dolphin, Bradford, Bingley, Ilkley and City of Bradford. In the case of City of Bradford - this gala is only open to members who are also members of one of the 4 other clubs.

You must be aged between 8 and 14 inclusive on the day of the gala to enter.

Maximum entry times have been set, so if you have swum faster than the times below in a meet with electronic timing your entry will be automatically rejected. Manual times at club galas, B&D, A&W or K&D galas are allowed. (i.e. you will not be rejected on the basis of these times) and we encourage you to enter these times so the heats can be seeded correctly.

Medal and ribbons will be awarded for places 1 to 6 in each age group 8, 9, 10, 11, 12, 13 and 14.

**Event Age Group Distance Stroke Event Age Group Distance Stroke**

1/2 9/10 years boys/girls 50m Backstroke 3/4 11/14 years boys/girls 50m Backstroke

5/6 8 years boys/girls 25m Backstroke 7/8 9/10 years boys/girls 50m Breaststroke

9/10 11/14 years boys/girls 50m Breaststroke 11/12 8 years boys/girls 25m Breaststroke

13/14 9/10 years boys/girls 50m Butterfly 15/16 11/14 years boys/girls 50m Butterfly

17/18 8 years boys/girls 25m Butterfly 19/20 9/10 years boys/girls 50m Freestyle

21/22 11/14 years boys/girls 50m Freestyle 23/24 8 years boys/girls 25m Freestyle

25/26 9/10 years boys/girls 100m Individual Medley 27/28 11/14 years boys/girls 100m Individual Medley

**Qualifying Times: You must not have swum an electronically recorded time faster than the times below.**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|   | Boys |  |  |  |  |  |  | Girls |  |  |  |  |  |
| Event | 8 | 9 | 10 | 11 | 12 | 13/14 |   | 8 | 9 | 10 | 11 | 12 | 13/14 |
| 25/50 Freestyle | 0:19.00 | 0:40.70 | 0:40.10 | 0:40.10 | 0:35.10 | 0:32.90 |   | 0:20.00 | 0:41.10 | 0:39.30 | 0:39.30 | 0:34.50 | 0:33.30 |
| 25/50 Breaststroke | 0:26.00 | 0:53.20 | 0:47.30 | 0:47.30 | 0:47.30 | 0:46.00 |   | 0:27.00 | 0:54.20 | 0:47.30 | 0:47.30 | 0:46.10 | 0:43.00 |
| 25/50 Butterfly | 0:21.00 | 0:45.90 | 0:46.70 | 0:46.70 | 0:41.80 | 0:38.30 |   | 0:22.00 | 0:46.50 | 0:45.90 | 0:45.90 | 0:39.50 | 0:37.10 |
| 25/50 Backstroke | 0:22.00 | 0:46.90 | 0:47.30 | 0:47.30 | 0:42.10 | 0:39.30 |   | 0:23.00 | 0:47.30 | 0:46.60 | 0:46.60 | 0:40.50 | 0:39.30 |
| 100 Individual Medley |   | 1:43.80 | 1:36.20 | 1:30.90 | 1:26.00 | 1:20.70 |   |   | 1:45.30 | 1:38.30 | 1:31.30 | 1:26.40 | 1:22.60 |

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Stroke Entry Time

Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Freestyle \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Backstroke \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age on Day \_\_\_\_\_\_\_\_ Breaststroke \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Male/Female \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Butterfly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ASA Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Individual Medley \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parents Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Entry Fee £3.00 per event

Contact Phone No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Method of Payment

Email Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cash \_\_\_\_\_\_\_\_\_\_ Cheque \_\_\_\_\_\_\_\_\_\_

Please complete all of the details on this form and return it, together with payment by cheque or cash to your club coach or Meet Co-ordinator. Cheques should be made payable to your club – Entries must be submitted by **Monday 18th March 2019.**