**Rising Stars Winter Gala**

Organised and run by



In conjunction with



**Sunday 29th January 2023, 5.00pm – 8.00pm**

**Doors Open 5.00pm, Warm up 5.10pm**

**at Shipley Pool**

**CONDITIONS:**

Gala entry is limited to members of invited local swimming clubs in Bradford and the surrounding district, primarily Bradford Dolphin, Bradford, Bingley, Ilkley. If any swimmer is also a member of the Bradford Aquatics Training Scheme, the swimmer must be in no higher squad than Rising Stars and enter through their local club only.

The swimmers must be aged between 8 and 14 inclusive on the day of the gala to enter.

Maximum entry times have been set to keep entries within the intended ability range, so only swimmers who have current event times which are slower than the times below will be eligible for entry. We encourage clubs to complete these times as accurately as possible with your entry so heats can be seeded correctly. All times submitted are the responsibility of the entering club to be accurate and will not be adjusted after the entry has been submitted.

Medals will be awarded for places 1 to 3 in each age group 8, 9, 10, 11, 12, 13 and 14.

**SCHEDULE OF EVENTS (£3.00 per event)**

1. Boys 8 years 25m Backstroke
2. Girls 8 years 25m Backstroke
3. Boys 8 years 25m Breaststroke
4. Girls 8 years 25m Breaststroke
5. Boys 8 years 25m Butterfly
6. Girls 8 years 25m Butterfly
7. Boys 8 years 25m Freestyle
8. Girls 8 years 25m Freestyle
9. Boys 9/10 years 50m Backstroke
10. Girls 9/10 years 50m Backstroke
11. Boys 9/10 years 50m Breaststroke
12. Girls 9/10 years 50m Breaststroke
13. Boys 9/10 years 50m Butterfly
14. Girls 9/10 years 50m Butterfly
15. Boys 9/10 years 50m Freestyle
16. Girls 9/10 years 50m Freestyle
17. Boys 9/10 years 100m Individual Medley
18. Girls 9/10 years 100m Individual Medley
19. Boys 11/14 years 50m Backstroke
20. Girls 11/14 years 50m Backstroke
21. Boys 11/14 years 50m Breaststroke
22. Girls 11/14 years 50m Breaststroke
23. Boys 11/14 years 50m Butterfly
24. Girls 11/14 years 50m Butterfly
25. Boys 11/14 years 50m Freestyle
26. Girls 11/14 years 50m Freestyle
27. Boys 11/14 years 100m Individual Medley
28. Girls 11/14 years 100m Individual Medley

**Qualifying Times: Swimmers must not have swum a time faster than the times below.**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|   | Boys |  |  |  |  |  |  | Girls |  |  |  |  |  |
| Event | 8 | 9 | 10 | 11 | 12 | 13 + |   | 8 | 9 | 10 | 11 | 12 | 13 + |
| 25m Freestyle | 0:18.00 |  |  |  |  |  |   | 0:19.00 |  |  |  |  |  |
| 50m Freestyle |  | 0:39.70 | 0:39.10 | 0:38.10 | 0:34.10 | 0:31.90 |  |  | 0:40.10 | 0:38.30 | 0:37.30 | 0:33.50 | 0:32.30 |
| 25m Breaststroke | 0:25.00 |  |  |  |  |  |   | 0:26.00 |  |  |  |  |  |
| 50m Breaststroke |  | 0:52.20 | 0:46.30 | 0:45.30 | 0:44.30 | 0.43.30 |  |  | 0:53.20 | 0:46.30 | 0:45.30 | 0:44.10 | 0:42.00 |
| 25m Butterfly | 0:20.00 |  |  |  |  |  |   | 0:21.00 |  |  |  |  |  |
| 50m Butterfly |  | 0:45.90 | 0:44.70 | 0:43.70 | 0:40.80 | 0:37.30 |   |  | 0:45.50 | 0:44.90 | 0:43.90 | 0:38.50 | 0:36.10 |
| 25m Backstroke | 0:21.00 |  |  |  |  |  |   | 0:22.00 |  |  |  |  |  |
| 50m Backstroke |  | 0:45.90 | 0:44.30 | 0:43.30 | 0:41.10 | 0:38.30 |  |  | 0:46.30 | 0:45.60 | 0:44.60 | 0:39.50 | 0:38.30 |
| 100m Individual Medley |   | 1:42.80 | 1:35.20 | 1:29.90 | 1:25.00 | 1:19.70 |   |   | 1.44.30 | 1:37.30 | 1:30.30 | 1:25.40 | 1:21.60 |

Entry is strictly by SportSys file only. All entries must be submitted by e-mail to meetentries@cobsc.co.uk by **23th January 2023** at the latest. An electronic entry check link will be sent upon receipt of entry. Any queries must be reported by **10pm on 24th January 2023** at the latest. Due to the time constraints upon this gala, no late entries will be accepted under any circumstances. Payment due will be e-mailed out **25th January 2023** at the latest.