



## Schedule of Events

### Morning Session

Warm-up: 8.00am, First heat: 9:00am

101	Girls 11yrs & Over 200m Individual Medley
102	Boys 9yrs & Over 100m Individual Medley
103	Girls 10 to 12yrs 100m Butterfly
104	Boys 9 to 12yrs 50m Backstroke
105	Girls 13yrs & Over 100m Freestyle
106	Boy 13yrs & Over 50m Breaststroke
107	Girls 9 to 12yrs 50m Freestyle
108	Boys 13yrs and Over 100m Butterfly
109	Girls 13yrs and Over 50m Backstroke
110	Boys 9 to 12yrs 50m Butterfly
111	Girls 10 to 12yrs 100m Backstroke
112	Boys 13yrs & Over 50m Freestyle
113	Girls 13yrs & Over 100m Breaststroke
114	Boys 10yrs to 12yrs 100m Freestyle
115	Girls 9 to 12yrs 50m Breaststroke
116	Boys 13yrs & Over 100m Backstroke
117	Girls 13yrs & Over 50m Butterfly
118	Boys 10 to 12yrs 100m Breaststroke

### Afternoon Session

Warm-up: 1:00pm, First Heat: 2:00pm

201	Boys 11yrs & Over 200m Individual Medley
202	Girls 9yrs & Over 100m Individual Medley
203	Boys 10 to 12yrs 100m Butterfly
204	Girls 9 to 12yrs 50m Backstroke
205	Boys 13yrs & Over 100m Freestyle
206	Girls 13yrs & Over 50m Breaststroke
207	Boys 9 to 12yrs 50m Freestyle
208	Girls 13yrs and Over 100m Butterfly
209	Boys 13yrs and Over 50m Backstroke
210	Girls 9 to 12yrs 50m Butterfly
211	Boys 10 to 12yrs 100m Backstroke
212	Girls 13yrs & Over 50m Freestyle
213	Boys 13yrs & Over 100m Breaststroke
214	Girls 10yrs to 12yrs 100m Freestyle
215	Boys 9 to 12yrs 50m Breaststroke
216	Girls 13yrs & Over 100m Backstroke
217	Boys 13yrs & Over 50m Butterfly
218	Girls 10 to 12yrs 100m Breaststroke



### Cut-offs (not faster than)

Girls A Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	35.20	32.40	31.20	30.30	29.40	28.80
100m Freestyle	<del>X</del>	1:15.00	1:10.00	1:07.00	1:05.00	1:03.00	1:00.00
50m Breaststroke	None	45.60	41.70	39.50	38.10	37.00	36.20
100m Breaststroke	<del>X</del>	1:38.00	1:31.00	1:26.00	1:23.00	1:20.00	1:19.00
50m Butterfly	None	39.10	35.90	34.40	32.90	32.10	31.40
100m Butterfly	<del>X</del>	1:27.00	1:20.00	1:17.00	1:14.00	1:11.00	1:10.00
50m Backstroke	None	40.10	36.60	35.30	34.00	33.60	33.20
100m Backstroke	<del>X</del>	1:27.00	1:20.00	1:16.00	1:12.00	1:11.00	1:10.00
100m IM	None	1:30.00	1:21.00	1:18.00	1:16.00	1:14.00	1:12.00
200m IM	<del>X</del>	<del>X</del>	2:49.40	2:40.70	2:36.70	2:33.50	2:30.00

Girls B Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	39.60	36.50	35.10	34.10	33.10	32.40
100m Freestyle	<del>X</del>	1:30.00	1:23.00	1:17.00	1:14.00	1:12.00	1:11.00
50m Breaststroke	None	51.30	47.00	44.50	42.90	41.70	40.80
100m Breaststroke	<del>X</del>	1:54.00	1:45.00	1:38.00	1:34.00	1:29.00	1:26.00
50m Butterfly	None	44.00	40.40	38.70	37.00	36.20	35.30
100m Butterfly	<del>X</del>	1:42.00	1:33.00	1:29.00	1:22.00	1:18.00	1:16.00
50m Backstroke	None	45.20	41.20	39.80	38.30	37.80	37.40
100m Backstroke	<del>X</del>	1:40.00	1:32.00	1:27.00	1:23.00	1:19.00	1:17.00
100m IM	None	1:41.00	1:32.00	1:28.00	1:25.00	1:23.00	1:21.00
200m IM	<del>X</del>	<del>X</del>	3:17.00	3:06.90	2:58.50	2:52.00	2:47.60

Girls C Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	44.60	41.00	39.50	38.50	37.00	36.00
100m Freestyle	<del>X</del>	1:41.00	1:31.00	1:26.00	1:21.00	1:18.00	1:15.00
50m Breaststroke	None	57.70	52.70	50.00	48.10	46.80	45.70
100m Breaststroke	<del>X</del>	2:08.00	1:59.00	1:52.00	1:47.00	1:41.00	1:37.00
50m Butterfly	None	49.50	45.50	43.50	41.60	40.70	39.80
100m Butterfly	<del>X</del>	1:55.00	1:46.00	1:39.00	1:31.00	1:27.00	1:21.00
50m Backstroke	None	50.70	46	44.60	43	42.60	41.90
100m Backstroke	<del>X</del>	1:56.00	1:44.00	1:38.00	1:33.00	1:25.00	1:20.00
100m IM	None	1:53.00	1:44.00	1:38.00	1:35.00	1:34.00	1:30.00
200m IM	<del>X</del>	<del>X</del>	3:40.00	3:30.00	3:15.00	3:08.00	3:00.00



### Cut-offs (not faster than)

Boys A Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	34.80	32.20	30.20	28.90	27.80	26.00
100m Freestyle	<del>X</del>	1:15.00	1:11.00	1:07.00	1:03.00	59.90	57.50
50m Breaststroke	None	44.70	41.70	38.60	36.10	34.50	32.00
100m Breaststroke	<del>X</del>	1:38.00	1:30.00	1:25.00	1:19.00	1:15.00	1:12.00
50m Butterfly	None	39.00	35.90	33.30	31.70	30.20	28.50
100m Butterfly	<del>X</del>	1:27.00	1:20.00	1:15.00	1:09.00	1:05.00	1:03.00
50m Backstroke	None	41.10	37.30	34.80	33.00	31.70	29.00
100m Backstroke	<del>X</del>	1:26.00	1:20.00	1:15.00	1:10.00	1:07.00	1:04.00
100m IM	None	1:29.00	1:23.00	1:17.00	1:12.00	1:09.00	1:03.00
200m IM	<del>X</del>	<del>X</del>	2:50.00	2:41.00	2:33.20	2:26.00	2:19.00

Boys B Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	39.104	36.20	34.00	32.50	31.30	30.00
100m Freestyle	<del>X</del>	1:30.00	1:23.00	1:16.00	1:11.00	1:07.00	1:04.00
50m Breaststroke	None	50.30	46.90	43.40	40.60	38.80	37.00
100m Breaststroke	<del>X</del>	1:56.00	1:46.00	1:37.00	1:30.00	1:25.00	1:21.00
50m Butterfly	None	43.90	40.40	37.50	35.70	34.00	32.50
100m Butterfly	<del>X</del>	1:43.00	1:34.00	1:26.00	1:19.00	1:15.00	1:11.00
50m Backstroke	None	46.20	42.00	39.20	37.10	35.70	33.10
100m Backstroke	<del>X</del>	1:43.00	1:34.00	1:26.00	1:20.00	1:15.00	1:11.00
100m IM	None	1:40.00	1:33.00	1:27.00	1:22.00	1:18.00	1:15.00
200m IM	<del>X</del>	<del>X</del>	3:22.30	3:06.80	2:53.30	2:43.40	2:35.80

Boys C Grade							
	9	10	11	12	13	14	15+
50m Freestyle	None	43.80	40.60	38.00	36.60	35.00	33.60
100m Freestyle	<del>X</del>	1:44.00	1:35.00	1:26.00	1:18.00	1:13.00	1:09.00
50m Breaststroke	None	56.60	52.60	48.70	45.50	43.50	41.50
100m Breaststroke	<del>X</del>	2:13.00	1:59.00	1:51.00	1:40.00	1:34.00	1:29.00
50m Butterfly	None	49.50	45.50	42.40	40.50	38.00	36.60
100m Butterfly	<del>X</del>	2:00.00	1:46.00	1:38.00	1:29.00	1:23.00	1:19.00
50m Backstroke	None	52.00	47.00	44.10	41.40	40.00	37.00
100m Backstroke	<del>X</del>	1:59.00	1:47.00	1:38.00	1:29.00	1:23.00	1:18.00
100m IM	None	1:52.00	1:45.00	1:37.00	1:32.00	1:28.00	1:23.00
200m IM	<del>X</del>	<del>X</del>	3:55.00	3:30.80	3:13.10	2:59.00	2:51.20